

Centralia High School Activities Department



Athletic & Activity Code of Conduct

The administration and staff at Centralia High School want to remind students and parents that it is a privilege to participate in extracurricular activities, rather than a right. Centralia High School requires that all students who choose to take part in extracurricular activities must conduct themselves as responsible representatives of the school and our community at all times. Participation in these activities is an acceptance of responsibility that requires an extra commitment for those who wear the black and white and is a condition for being a member of one of our teams. Parents and guardians are also expected to demonstrate positive sportsmanship and help uphold the values and reputation of Centralia High School when supporting student participants. **A student who elects to participate in an extracurricular activity(s) at Centralia High School agrees to abide by the rules and regulations governing them in the following areas:**

Area 1: Grade/Credit Requirements/NCAA Requirement

- Summer courses may count toward regaining eligibility, provided the following requirements are met:
 - No more than one credit in summer school shall count toward regaining eligibility.
- Students who are promoted from the middle school are automatically eligible for the first semester of their freshman year.
- Students will be required to maintain at least an 85% Panther Pride Score in order to attend practices. Students falling below the minimum 85% requirement will be required to study until 4 pm prior to attending practice(s).
- Students who have a failing grade (F) in any course **may be required to attend tutoring or academic support sessions before or after school** as a condition of continued participation.
 - Students failing multiple courses have the possibility of being held out from participating in competitions
- Academic eligibility is determined 5 days after the end of each semester. Once a student has been deemed ineligible, the student, parent, and coach will be notified by the Athletic Director.
- To regain eligibility, students must meet the requirements as stated above.
- Students who intend to participate in athletics at the collegiate level (NCAA Division I, II, and NAIA) must register with the NCAA or NAIA Eligibility Center and complete a specified regimen of courses. Please see the Guidance Office for details.

Area 2: Random Drug Testing Consent

- In August of 1999, the Centralia R-VI School Board adopted a random drug testing policy for students who participate in MSHSAA-sponsored competitions and activities. Students and parents who sign this form agree that the student may be tested before, and/or during, participation in any interscholastic contest. A copy of the student drug testing policy can be found on the district website.

Area 3: Citizenship/Training Rules

- Centralia High School athletes are expected to maintain high levels of citizenship standards while representing our school in extracurricular activities. For example, athletes are not allowed to smoke, use tobacco, steal or vandalize property, or use and/or associate with the use of illegal or controlled substances. These are examples only and do not represent the full agenda of misconduct that may occur.
- A minimum of a 15-day suspension will be imposed for acts of poor citizenship. It is at the discretion of each head coach whether the individual situation warrants any further action.
- For extreme cases of poor citizenship, other suspensions may be imposed if the High School Administration deems them necessary. These situations will be dealt with on a case-by-case basis.
- A student who has been charged with a crime may be punished under the citizenship standard, provided the school can prove reasonable suspicion that the student committed the crime. This can be done prior to any action that the legal system may take – which includes a court date. It is the responsibility of the parents/guardians and the student to notify the school if a student/athlete has been charged with a crime. **(MSHSAA makes it clear that failure to report such incidents could result in being ineligible for up to 365 days from discovery.)**
- If a student has had a legal issue, they are ineligible until all demands of the court have been met. These include: fines, community service hours, jail time, etc.

Training Rule Policy

- The following guidelines will apply during each extracurricular season at Centralia High School and are separate from the random drug testing policy. Suspensions are carried over from year to year.
 - The use of alcohol, illegal drugs, or tobacco (or electronic cigarettes/vaping devices) greatly detracts from athletic performance and is expressly forbidden. If you are observed by any school personnel or law enforcement officer to be in possession of, or among anyone who is, the following punishments will apply:
 - A. First Offense Suspension from contests for 15 school days
 - B. Second Offense Suspension from contests for 174 school days
 - As a coaching staff, school, and conference, an emphasis will be placed upon sportsmanship. Any unsportsmanlike or flagrant act will be punished with a suspension from contests.
 - **If you must leave school early due to illness, you are considered checked out for the day from school and school events; you will not be allowed to attend practice or contests that same day.**
 - **Any student who is not at school the day following a contest will miss their next contest**
 - **Scheduled appointments, funerals, or absences pre-approved by administration are exempt**
 - An athlete who chooses (as opposed to absences that are out of their control – i.e. funeral) to miss a contest will also have to miss the next contest. The next contest must be the next contest at the same level.
 - An athlete who quits a sport after the first contest will not be allowed to start another sport until the season ends for the sport the athlete quit.
 - An athlete who fails to turn in or pay for equipment that has been lost or abused will not be allowed to participate in the next season until they do so.
 - Each head coach may set stipulations above and beyond those mentioned here.
 - Emphasis will be placed on student-athletes meeting the standards set forth daily by their classroom teachers.
 - Failure to meet classroom teacher expectations could result in missed practice time.
 - In the event that a student is assigned an after-school detention as the result of a classroom problem, he/she is not allowed to use the excuse of “I have practice, so I can’t stay”. **THE CLASSROOM OBLIGATION ALWAYS COMES FIRST**

Area 4: Missouri State High School Activities Association Requirements

- Student athletes participating in extracurricular activities in the state of Missouri are subject to rules and regulations set forth by the Missouri State High School Activities Association. A complete copy of these is available on their website at www.mshsaa.org.
- You must reside in the school district in which you participate.
- Eligibility lasts for 4 years only and begins with the first semester of your freshman year.
- You must not accept cash or services for participating in an athletic contest or for being an athlete.
- If you reach 19 years of age prior to July 1st, you are ineligible the next school year.
- You may not practice for or participate with a non-school team or in non-school competition in the same sport during the same season as the school team without prior approval by school administration.
- The school must have on file a copy of a physical completed within the last 2 years prior to practicing
- **You must attend school for at least one half of the day (11:30) to either practice or participate in a contest.**
- **You must attend school at least one half of the day (11:30) on Friday to either practice or participate in a contest on the succeeding Saturday.**
- Please be advised that student birth dates are required by MSHSAA for the purpose of verifying eligibility.

Area 5: Ineligibility

- Should a student be declared ineligible due to academic status, the following guidelines apply:
 - The student may practice with the team, attend team functions, and travel with the team during the time they are ineligible, but may not be in uniform for, or participate in, any interscholastic competitions.
- Should a student be declared ineligible due to drug testing, citizenship, training rules, MSHSAA requirements, or other unique circumstances, the following additional guidelines may also apply:
 - not traveling with the team
 - not being on the field of play with the team during an interscholastic contest
 - not managing, filming, or keeping stats
 - not receive postseason honors, awards, or letters
 - dismissal from the team

Area 6: Parent/Guardian/Fan Expectations

Centralia High School takes pride in fostering a positive and respectful environment for all participants—on and off the field. Parents, guardians, and fans play a vital role in supporting this mission. To ensure our athletes and programs represent the best of our community, we ask that all supporters follow these expectations:

- **Model Good Sportsmanship and Represent our School with Pride:** Demonstrate respect for officials, coaches, players, and opposing fans at all times. Cheer positively and avoid negative comments or criticism during contests.
 - If administration must address such behavior:
 - 1st Offense - anywhere from warning to removal from contest
 - 2nd Offense - removal from contest and suspension from future contest(s)
 - Subsequent Offenses - Long-term or season-long suspension from attending contests
 - Confrontations with coaches are not allowed during or after a contest.
 - This will result in a suspension from the next contest
 - Continual behavior will result in long term or season long suspension from attending contests
 - There will be no individual parent meetings with the coach during the season
- **Follow Event Guidelines:** Respect facility rules, seating arrangements, and safety protocols at all home and away contests
- **Chain of Command:** Parents are reminded that should they want to address issues, please adhere to the following guidelines:
 - First – Have your son or daughter talk to the coach regarding their concern.
 - Second – Schedule an appointment with the Athletic Director.
 - Third – Schedule an appointment with the Principal or Assistant Principal.
 - Lastly – The superintendent of schools will be happy to meet with you should the issue remain unresolved to your satisfaction, provided you have followed the aforementioned steps.

Area 7: Required Signatures and Information

The Centralia High School Athletic Code of Conduct must be read and this page detached, completed in its entirety, signed by you and your parents/legal guardian, and returned to your Coach before you are allowed to participate in an interscholastic contest of any kind. Please be mindful that this document cannot cover each and every possible situation that may arise – this is merely a set of guidelines that is the basis for possible issues. Should you have a question that is not implicitly covered, please contact the high school.

In order to participate in extracurricular activities at Centralia High School, we agree to abide by the rules, regulations, and eligibility requirements of the Centralia R-VI School District and the Missouri State High School Activities Association as set forth in this document.

I give my consent for my child:

- ***to participate in the random drug testing program***
- ***to go with and be supervised by a representative of the school on any trip***
- ***to be treated by an authorized medical agency in case this student becomes ill or is injured***

I acknowledge that I have read and understand these rules as set forth in this document as they apply to me, and I acknowledge that I have received the MSHSAA concussion information packet.

Student Printed Name: _____

Student Signature: _____

Parent Signature(s): _____

Date: _____

Emergency Contact Information – Please list name/relationship and phone numbers

Name

Relationship

Phone #
